

ENTOURAGE POLICY

1. The Twist & Hit Cheerleaders entourage policy will be enforced from arrival to departure at any training, event or appointed meetings.

Any violation will be reported to a Club Coach and dealt with accordingly in line with our code of conducts.

2. Severe cases of unsportsmanlike conduct are grounds for disqualification as explained in this document above. Anyone not adhering to the Twist & Hit Cheerleaders Entourage Policy Code of may be asked to leave.

3. A participant, coach, substitute, trainer or other team attendant must not commit an unsporting act. This includes but is not limited to, acts or conduct such as: a. Disrespectfully addressing or contacting an official or gesturing in such a manner as to indicate resentment. b. Using profane or inappropriate language or gestures. c. Baiting or taunting an opponent.

4. NOTE: Twist & Hit Cheerleaders disapproves of any form of taunting which is intended or designed to embarrass, ridicule or demean others under any circumstances including on the basis of race, religion, gender or national origin.

5. Coaches should not criticise cheerleaders in front of spectators, but reserve constructive criticism for later, in private, or in the presence of team members if others might benefit.

Not criticise opposing coaches, cheerleaders or fans by word of mouth or gesture. Not use abusive or profane language at any time. Not incite unsportsman like conduct.

Abstain from the possession and smoking of tobacco in the presence of spectators, officials, judges and/or team members.

Abstain from the possession and drinking of alcoholic beverages in the presence of spectators, officials, judges and/or team members.

Abstain from the usage, administration and taking of illegal substances, as stated in the "Olympic Movement Anti-Doping Code 1999" and Appendix A (Prohibited Classes of Substances and Prohibited Methods 1st April 2000) together with officials, be jointly responsible for the conduct and control of team fans and spectators.

Accept decisions of officials and judges in competitions as being fair and called to the best ability of said officials/judges.

Emphasise that good athletes strive for good mental and physical health.

Emphasise that winning is the result of teamwork.

Be a role model by setting a positive example.

Adhere to all rules and regulations regarding Twist & Hit Cheerleaders.

Cheerleaders should abstain from the possession and drinking of alcoholic beverages in the presence of spectators, officials, judges and/or other teams while wearing team uniform, tracksuit and/or jackets.

Abstain from the possession and smoking of tobacco in the presence of spectators, officials, judges and/or other teams while wearing team uniform, tracksuits, and/or jackets.

Abstain from the taking of drugs.

Abstain from taking of illegal substances, as stated in the "Olympic Movement Anti-Doping Code 1999" and appendix A (Prohibited Classes of Substances and Prohibited Methods 1st April 2000).

Not criticise opposing coaches, cheerleaders or fans by word of mouth or by gesture.

Not use abusive or profane language at any time.

Take the responsibility of providing positive leadership both when cheering and when not cheering.

Always show respect and be courteous to officials, opposing coaches, cheerleaders and fans.

Strive to promote good sportsmanship.

Strive to be modest in victory and gracious in defeat.

Be ambassadors of good will.